

CERTIFICATE III IN INDIVIDUAL SUPPORT

VET NATIONAL CODE: CHC33021 / CRICOS: 115203M

Course Summary:

The Certificate III in Individual Support course provides training for individuals who want to work in the aged care or disability support sectors. The course aims to prepare you to provide person-centred care and support to elderly or disabled individuals in various settings, such as aged care facilities, home care, and community care. To achieve this qualification, the candidate must have completed at least 120 hours of work as detailed in the Assessment Requirements of the units of competency.

Duration: 27 weeks includes 3 weeks holidays **Intake:** 2026 | 12 Jan, 2 Mar, 20 Apr, 08 Jun, 27 Jul, 14 Sep, 2 Nov, 21 Dec 2027 | 8 Feb, 29 Mar, 17 May, 5 Jul, 23 Aug, 11 Oct, 29 Nov

Career opportunities: Graduates of the Certificate III in Individual Support program are equipped with the necessary skills and qualifications to pursue a range of rewarding career opportunities in the aged care sector. Potential career pathways include but are not limited to:

- Aged Care Worker
- Respite Care Worker
- Personal Care Giver
- Disability Services Worker
- Direct Care Worker
- Home Help Worker
- Personal Care Worker
- Support Worker

Course Outcomes: Upon successful completion of the Certificate III in Individual Support, graduates will possess the following outcomes:

- Comprehensive understanding of the ageing process and its impact on individuals.
- Proficiency in providing person-centred support to meet the physical, emotional, and social needs of elderly clients.
- Skills in fostering independence and promoting the well-being of older adults through effective communication and support strategies.
- Competence in recognizing and responding to the diverse needs and preferences of elderly individuals from various cultural, social, and linguistic backgrounds.

Pre-Request: There are no formal entry requirements for this course.

Mode of Delivery: 20 hours per week face to face

Units Details: Total 15 units

CHCCS031	Provide individualised support	HLTWH502	Follow safe work practices for direct client care
CHCCS038	Facilitate the empowerment of people receiving support	CHCAGE011	Provide support to people living with dementia
CHCCS040	Support independence and wellbeing	CHCAGE013	Work effectively in aged care
CHCCS041	Recognise healthy body systems	CHCPAL003	Deliver care services using a palliative care approach
CHCCOM005	Communicate and work in health or community services	CHCCS033	Respond to suspected abuse
CHCDIV001	Work with diverse people	CHCAGE007	Recognise and report risk of falls
CHCLEG001	Work legally and ethically	HLTAID011	Provide First Aid
HLTINF006	Apply basic principles and practices of infection prevention and control		

Entry Requirement

ENGLISH	academic	age
IELTS 5.5 Overall (no individual band less than 5.0) or equivalent OR Successfully completed Upper-Intermediate level	Successfully completed Year 10 (or equivalent)	Minimum 18 years old

CERTIFICATE IV IN AGEING SUPPORT

VET NATIONAL CODE: CHC43015 / CRICOS: 115204K

Course Summary:

The Certificate IV in Ageing Support is a comprehensive program designed to equip individuals with advanced skills and knowledge in providing high-quality care and support to elderly individuals. This course delving deeper into areas such as person-centred care planning, dementia care, palliative care, and leadership within the aged care sector. To achieve this qualification, the candidate must have completed at least 120 hours of work as detailed in the Assessment Requirements of the units of competency.

Duration: 55 weeks includes 7 weeks holidays **Intake:** 2026 | 16 Feb, 6 Apr, 25 May, 13 Jul, 31 Aug, 19 Oct, 7 Dec 2027 | 25 Jan, 15 Mar, 3 May, 21 Jun, 9 Aug, 27 Sep, 15 Nov

Career opportunities: Graduates of the Certificate IV in Ageing Support program are well-positioned to pursue a range of rewarding career opportunities within the aged care sector. Potential career pathways include:

- Community Program Coordinator
- Community care worker
- Worker in community support
- Disability support professional
- Residential Care Worker
- Day Activity Worker

Course Outcomes: Upon successful completion of the Certificate IV in Ageing Support, graduates will achieve the following outcomes:

- Advanced understanding of the ageing process and its implications for individuals' physical, emotional, and social well-being.
- Proficiency in developing and implementing person-centred care plans tailored to meet the specific needs and preferences of ageing clients.
- Specialized skills in providing care and support to individuals with dementia, including strategies for communication, behaviour management, and creating dementia-friendly environments.
- Knowledge of relevant legal and ethical frameworks governing aged care practice, ensuring compliance with industry standards and regulations.
- Ability to advocate for the rights and well-being of ageing clients, promoting empowerment and social inclusion within the community.

Pre-Request: PASSED CHCAGE007- Implement falls prevention strategies

Mode of Delivery: 20 hours per week face to face

Units Details: Total 18 units

CHCCS023	Support independence and wellbeing	CHCADV001	Facilitate the interests and rights of clients
CHCDIV001	Work with diverse people	CHCAGE003	Coordinate services for older people
HLTAAP001	Recognise healthy body systems	CHCAGE004	Implement interventions with older people at risk
HLTWH502	Follow safe work practices for direct client care	CHCCS006	Facilitate individual service planning and delivery
CHCAGE001	Facilitate the empowerment of older people	CHCLEG003	Manage legal and ethical compliance
CHCAGE005	Provide support to people living with dementia	CHCPRP001	Develop and maintain networks and collaborative partnerships
CHCCS011	Meet personal support needs	CHCAGE008	Implement falls prevention strategies
CHCCS025	Support relationships with carers and families	HLTAID011	Provide first aid
CHCPAL001	Deliver care services using a palliative approach	CHCCS017	Provide loss and grief support

Entry Requirement

ENGLISH	academic	age
IELTS 5.5 Overall (no individual band less than 5.0) or equivalent OR Successfully completed Upper-Intermediate level	Successfully completed Year 10 (or equivalent)	Minimum 18 years old